



## Ergonomics

ECTS: 0,25

### SUBJECT MATTER CONTENT

#### TEACHING OBJECTIVE

The aim of the course is to familiarize students with basic issues related to ergonomics understood as an interdisciplinary sense. Awareness of the risks and problems (including health) associated with the wrong ergonomics at work stations and other obligations in life. Understanding the benefits of correct activities in this area.

#### DESCRIPTION OF THE LEARNING OUTCOMES OF THE COURSE IN RELATION TO THE DESCRIPTION OF THE CHARACTERISTICS OF THE SECOND LEVEL LEARNING OUTCOMES FOR QUALIFICATIONS AT LEVELS 6-8 OF THE POLISH QUALIFICATION FRAMEWORK IN RELATION TO THE SCIENTIFIC DISCIPLINES AND THE EFFECTS FOR FIELDS OF STUDY:

**Symbols for outcomes related to the discipline:** R/WA\_P7S+++

**Symbols for outcomes related to the field of study:** C.W3.+, K.8.+, C.U2.+

#### LEARNING OUTCOMES:

##### Knowledge:

W1 – Knowledge of basic concepts related to ergonomics, with particular reference to workplace ergonomics

##### Skills:

U1 – U1 - Ability to evaluate (in the primary) conditions at work and during non-work activity due to ergonomic problems and risks associated with it.

##### Social competence:

K1 – Anthropocentric attitude in relation to working and everyday life conditions, responding to threats resulting from faulty solutions and irregularities in the field of ergonomic quality. Sensitization for the needs of people with disabilities (in an ergonomic context).

#### TEACHING FORMS AND METHODS:

Lecture(W1;U1;K1;):Lecture with multimedia presentation. Didactic videos.

#### FORM AND CONDITIONS OF VERIFYING LEARNING OUTCOMES:

Lecture (Part in the discussion) - Credit based on active participation in the lecture. -

#### BASIC LITERATURE:

1. Błaszczyk M., *Ergonomia bezpiecznej i higienicznej pracy.*, Wyd. Wydawnictwo Politechniki Śląskiej, R. 2018

**Legal acts specifying learning outcomes:**  
682/2020  
**Disciplines:** Veterinary science  
**Status of the course:**  
**Group of courses:**  
**Code:** ISCED 0841  
**Field of study:** Veterinary Medicine  
**Scope of education:**  
**Profile of education:** General academic  
**Form of studies:** full-time  
**Level of studies:** uniform master's studies  
**Year/semester:** 2/4

**Types of classes:** Lecture  
**Number of hours in semester:** Lecture: 2.00  
**Language of instruction:** Polish  
**Introductory subject:** no requirements  
**Prerequisites:** no requirements

**Name of the organisational unit conducting the course:** Katedra Maszyn Roboczych i Metodologii Badań  
**Person responsible for the realization of the course:** dr inż. Stefan Małkowski  
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**Additional remarks:**

2. Nowacka W. Ł., *Ergonomia i ochrona pracy wybrane zagadnienia.*, Wyd. Wydawnictwo SGGW, R. 2013
3. Juliszewski A. i inni, *Ergonomia w nauce i szkolnictwie wyższym.*, Wyd. Wydawnictwo Politechnika Krakowska, R. 2015
4. Ignac-Nowicka J., *Ergonomia i higiena przemysłowa.*, Wyd. Wydawnictwo Politechniki Śląskiej, R. 2017

**SUPPLEMENTARY LITERATURE:**

1. Kamińska J., Sumińska S., Nowak K., *Jak zadbać o kondycję w pracy umysłowej?* *Poradnik dla pracowników.*, Wyd. Wydawnictwo CIOP, R. 2019
2. Łuczak A., Baka Ł, Najmiec A., *Stres w wybranych zawodach o szczególnym charakterze.*, Wyd. Wydawnictwo CIOP, R. 2019
3. Hildt-Ciupińska K., *Równowaga praca – życie. Problem czy wyzwanie. Poradnik.*, Wyd. Wydawnictwo CIOP, R. 2015